



ASSESSMENT

THE HEALTH OF YOUR BUSINESS

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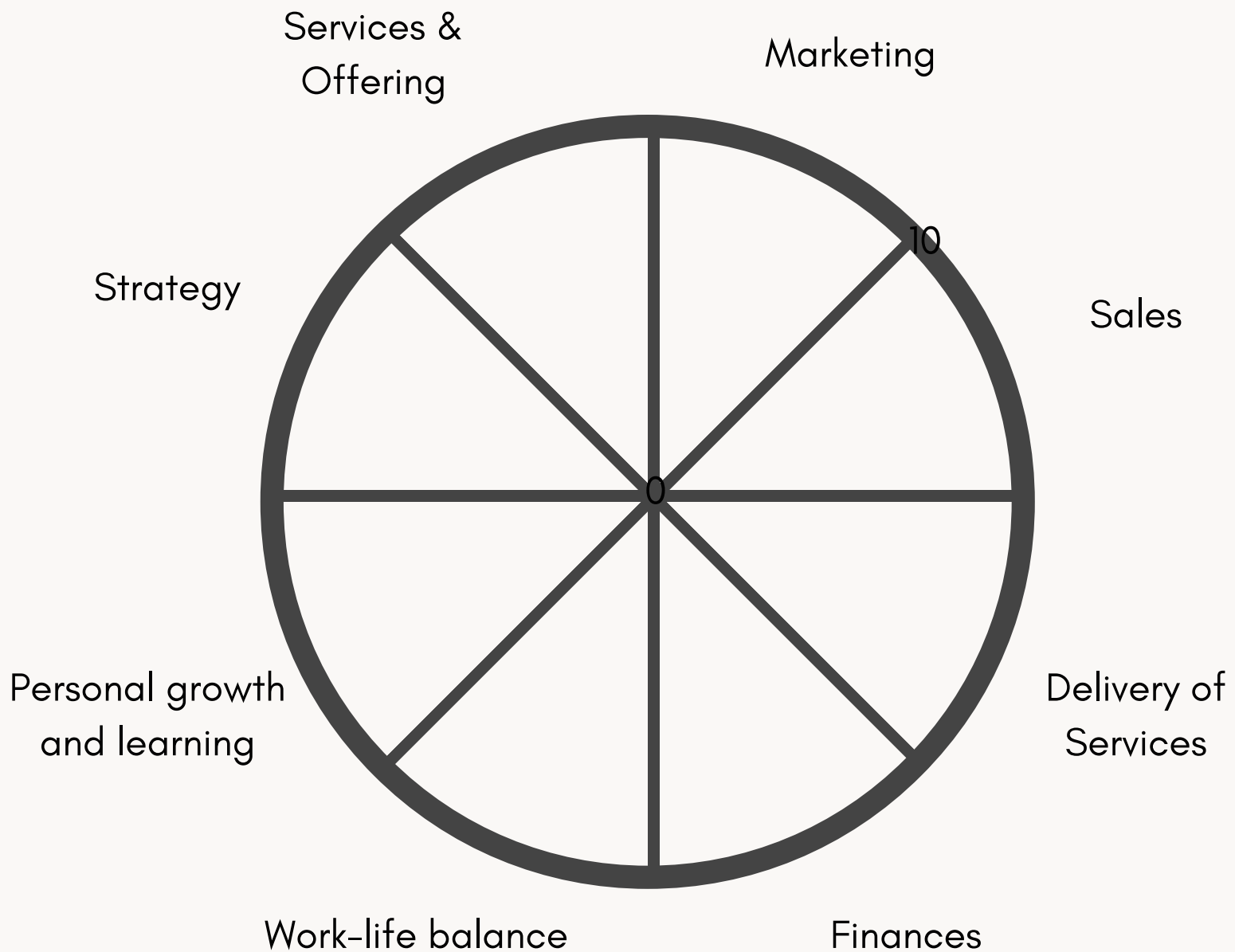
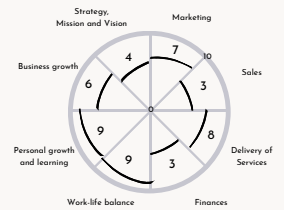


ASSESS YOUR BUSINESS

THE PLATE OF YOUR BUSINESS

Taking the center of the pie as 0 and the outer edge as 10, rank your level of satisfaction with each area out of 10 by drawing a straight or curved line to create a new outer edge.

Example



REFLECT ON YOUR CURRENT REALITY



REFLECT ON EACH AREA YOU SEE:

Briefly describe what you've achieved in the past period, what's going well, what needs more attention, what is good as it is (so you want to continue with it, or simply no action for now), and what you want to launch and start in the next phase.

Don't overcomplicate it, write down whatever comes. Trust that you'll have the right ideas and the right approach. It's like having a child: your business is yours and you are the one who knows it the best. Yes, it's worth learning techniques and tools to take better care of it, but don't give too much power away!



REFLECT ON YOUR CURRENT REALITY



HERE IS MORE SPACE FOR YOUR NOTES.

Also, feel free to write it down in your notebook, in a Notion page or in a simple Doc. Whatever works for you. This is meant to be a thought-generator and feel free to use it in a way that is the most beneficial for you!



CREATE YOUR FUTURE REALITY

IT'S TIME TO TAKE ACTION!



What actions coming up from your notes? What has a priority? What do you want to get done in the next month? What in the month after? Can you assign themes to your months? What would best support your business - and you? What creative project you want to birth to life? What do you need to do to secure a healthy cash-flow? Write down what needs to be done! Come back to this table every Monday when you're planning your week to stay aligned with your strategic plan!

WHAT	ACTION	BY WHEN	WHO	STATUS



INVITATION

NEXT STEPS

As a coach and transformation guide, my mission is to help you on your own journey toward wholeness, live a joyful and authentic life and create a thriving and rewarding business that is a true expression of who you are.

WAYS I CAN SUPPORT YOU:

- Take you and your business to the next level with **1-1 business coaching**
- Subscribe to my **Newsletter** for curated content, special offers and resources like this.
- Follow me on **LinkedIn** and **Instagram** for fresh ideas and inspiring prompts.

Looking forward to partnering with you,

Zsanett

